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Getting Rid of Separation Anxiety

As a dog trainer the thing I see the most often is separation anxiety issues on a daily basis. Since dogs are pack animals it is natural for them to want to be with the pack. Used as a defense mechanism, dogs will have separation anxiety in order to find the rest of their pack. Because when dogs are alone they are vulnerable to being attacked by predators. It's a natural and innate things for dogs to be in packs so that is why they whine.

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One characteristic you must have when trying to cure a dog's separation anxiety is that you need to have patience. It's going to take a lot of repetitive training to help your dog. The first thing you need to do is leave the room for 5 seconds. The key is to leave for longer period of time until you can fully leave your puppy. Repeat this take if you want to cure separation anxiety and keep doing it for months. The best thing to do is to keep your cool and keep working on it.

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Make sure you give your dog a treat for any time he or she is quiet when doing this exercise. Positive reinforcement works better than negative reinforcement so be sure to praise your dog when he is doing good. Think of dogs like children, you want to keep teaching them right from wrong. The worse thing you can do is hit your dog when they are doing bad. This only makes them scared of you and not like you.

One more interruption, here is [how to get a credit score](#).

Hopefully you have learned a bit about separation anxiety and you can help your dog be a well behaved dog.

You can also find this article published on [Getting Rid of Separation Anxiety](#)